



COUNTY OF SUMMIT EMPLOYEES

HEALTH&WELLNESS

Well-being is the main focus for our employees, their dependents and/or spouses/partners. The Wellness Team's **Core Values** are to encourage, involve and increase health and wellness

participation amongst employees. This will allow the employees to focus on a sound body, mind and spirit.

Mission Statement

Our Wellness Team promotes a health-giving environment for all County of Summit Employees, including mental well-being, physical, financial, and nutritional health. We offer health and wellness programs, County fitness facilities, and multiple discounts, amongst other things, which are at little to no cost to the employee.

Vision Statement

Our Wellness Team wants to create a healthy environment for all County of Summit Employees. The goal is to offer health and wellness programs valuable to all employees without it being a financial burden to the employee and the County.

Take a look at some of the opportunities the Division of Employee Benefits has for Employees by reviewing the information below and clicking on the [link](#) .

For more information, please contact the Division of Employee Benefits, Wellness Team. [Jaci Stein](#) , Wellness Coordinator

Enjoy a new and healthier lifestyle!

[County Health & Wellness Events](#) | [County Health & Wellness Calendar](#)

Be apart of the Wellness hype, join us on [instagram](#)

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